



Government of  
Northwest Territories

# Parenting after Separation

Workshop

Begin a better **ending**

Revised November 2022

Parenting after Separation is a free half-day workshop for parents that helps make the transition through separation or divorce easier for families.

Living apart is a big change, and most people have questions about the transition.

You will need to work out a visitation schedule for children, family support payments, decide how rules will be enforced between households, and many other things. Both parents and children will benefit from this information.

Separation and divorce can be difficult for families. This workshop will help you to deal with the challenges in a productive, positive manner.

## Some of the issues the workshop focuses on are:

- Dealing with separation and loss;
- Developing a Parenting Plan;
- Communicating with your children and ex-partner;
- How to deal with high-conflict situations;
- The legal system and dispute resolution options;
- Custody, access and child support; and
- Introducing a new partner.

## Who can register?

The workshops are open to any adult who wishes to learn more about parenting after a separation or divorce. In certain situations, you may have to prove that you have taken the workshop. You will get a Certificate of Completion that shows you have completed the workshop. This certificate may be required before you can apply for court orders.

## For more information or to register:

Please contact the workshop facilitator.

Toll free: **1-877-776-2838**

Email: **[pasregistration@gov.nt.ca](mailto:pasregistration@gov.nt.ca)**

Or visit the Department of Justice website at **[www.justice.gov.nt.ca](http://www.justice.gov.nt.ca)**

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